

Find your fit.

Side hustles for physical therapists

Six options. A clearer choice. A small first step.



START WITH WHAT YOU NEED

- | | | |
|---|---|---|
| <p>01</p> <p>More income soon</p> <p>Explore paid clinical work with clear terms and existing demand.</p> | <p>02</p> <p>A creative outlet</p> <p>Try a lesson, writing assignment, or workshop with a defined scope.</p> | <p>03</p> <p>Something to grow</p> <p>Test one reusable resource and a realistic way to reach buyers.</p> |
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You do not need to build everything at once. Compare the work on page 2, then plan one manageable experiment on page 3.

A practical comparison, not an earnings promise.

Six ways to begin

Choose the workload you can sustain - not just the idea you like.



01

PRN clinical work

Use your clinical skills

Onboarding, notes, travel, and cancellations. Confirm which hours are paid.

First test: Request written coverage and pay terms.



02

Telehealth

Care from your workspace

Licensure, no-shows, messages, and documentation. Remote time is still work.

First test: Price one realistic weekly schedule.



03

Tutoring

Teach a specific topic

Preparation, scheduling, and follow-up. Use original materials.

First test: Trial one clearly scoped lesson.



04

Freelance writing

Turn expertise into clear content

Research, pitching, revisions, and usage rights all affect your return.

First test: Pitch one small paid assignment.



05

Digital products

Make a reusable resource

Design, discovery, support, and updates. A listing does not guarantee sales.

First test: Test one resource with likely users.



06

Workshops

Help a defined group learn

Recruitment, venue, preparation, and travel. Confirm any CE approval claims.

First test: Confirm demand with a potential host.

Before starting clinical services, verify applicable licensing, privacy, consent, insurance, and employer requirements. A coaching label does not settle scope questions. [1]

Make one good next move.

Choose an offer, set a limit, and count the whole return.

01 / CHOOSE YOUR TEST

Who is it for, and what problem will I solve?

One offer I can explain in a sentence

How I will find paid work or reach buyers

COUNT THE WHOLE RETURN

(Money collected - work costs)
divided by **all hours spent**

EXAMPLE ONLY

\$240 collected - \$30 costs

6 total hours = **\$35/hour**

10 total hours = **\$21/hour**

Before personal taxes.

Include prep, travel, messages,
marketing, and administration.

02 / SET YOUR LIMITS

Hours / week: _____

Spending cap: \$ _____

Start: _____

Review date: _____

03 / RECORD WHAT HAPPENED

Collected: \$ _____ Costs: \$ _____ Total hours: _____

Return / hour: \$ _____ Continue / change / pause: _____

What I learned: _____

Include startup costs and time when comparing options. Employee wages and contractor revenue differ. Keep records and check your tax obligations; estimated payments or adjusted withholding may be needed. [2,3]

FURTHER READING

1 HHS / Telehealth licensing

2 IRS / Self-employment

3 IRS / Estimated taxes

4 SBA / Business planning

Reviewed October 27, 2026. General career and business education. Examples are illustrative; verify requirements for your circumstances.